

## Sponsored by The Stronger Thread Network P. O. Box 90314, Columbia, SC 29209 circleofreste@gmail.com, 803-567-1296

## Greetings,

The Circle of R.E.S.T.E – Restorative and Energizing Support for Teachers and other Educators,

is a collaborative initiative by community stakeholders to provide an opportunity for educators on all levels, daycare through university level, to enjoy a chance to rest and learn strategies for mental, physical and emotional wellness. A caring community contributes to a more stable and satisfied workforce among those who are teaching our future citizens.

We are now planning our third event to be held:

Saturday, April 22, 2023, at Columbia International University, Columbia, SC.

## Mission:

To introduce resources, strategies and support for educators and others leading to the reduction of mental and physical stress in diverse environments

## Goal:

The Circle of R.E.S.T.E. Coordinates, shares and provides services to educators and others through informational workshops, retreats and counseling sessions with certified and licensed professionals.

The purpose of this letter is to solicit donations for:

- 1. Scholarships for educators to attend this restorative event.
- 2. Donations to cover the cost for 150 participants, approximately \$15,000.00.
- 3. Promotional items from your business to be placed in gift bags for the participants.
- 4. An opportunity to promote your business as a vendor.
- 5. Donations are tax deductible.

The retreat will offer workshops and activities based on the seven features from the Circle of Wellness: (1) mind & body (2) rest (3) exercise (4) nutrition (5) environment (6) community and (7) spirituality.

Videos and pictures from previous events can be found on our websites: <a href="https://www.circleofreste.org">www.circleofreste.org</a>, <a href="https://www.strongthreadsinc.org">www.strongthreadsinc.org</a>.

Thanks so much for your time and support,

**Veronica Primus, Coordinator** 

Contact Veronica Primus, for more information. 803-567-1296, <a href="mailto:core.">circleofreste@gmail.com</a>, veronicaprimus@gmail.com.